



*CLEAN SKINS*

# Treatment Menu

0355628109

[www.cleanskinslaserclinic.com.au](http://www.cleanskinslaserclinic.com.au)

165 Liebig Street, Warrnambool 3280

# Contents

## **The CleanSkins difference**

*is the experience and knowledge of our staff and the quality of our equipment, products and consumables. Our integrity to always give honest advice and to only provide relevant, best practice treatments that will actually make a difference!*

## **Skin Clinic**

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*Our forte is skin! We have solutions for ageing, acne, rosacea, eczema scarring, congestion, dehydration, dryness, redness, sensitivity, pigmentation and more. We don't advocate harsh treatments that are the short term quick fixes of the skin industry. We promote a healthy skin culture that will change your skins future.*

## **Laser Hair Removal Clinic**

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*WHY chose CleanSkins for your laser hair removal?*

*You will get faster, better results! Why?*

*Its simple really - we have the best hair removal laser that money can buy and we have been specialising in laser hair removal treatments since 2010 and perform in excess of 1.2 million laser pulses each year!*

## **Beauty Salon**

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*Waxing, tinting & sugaring  
Eyes & Brows*

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Clinic opening hours  
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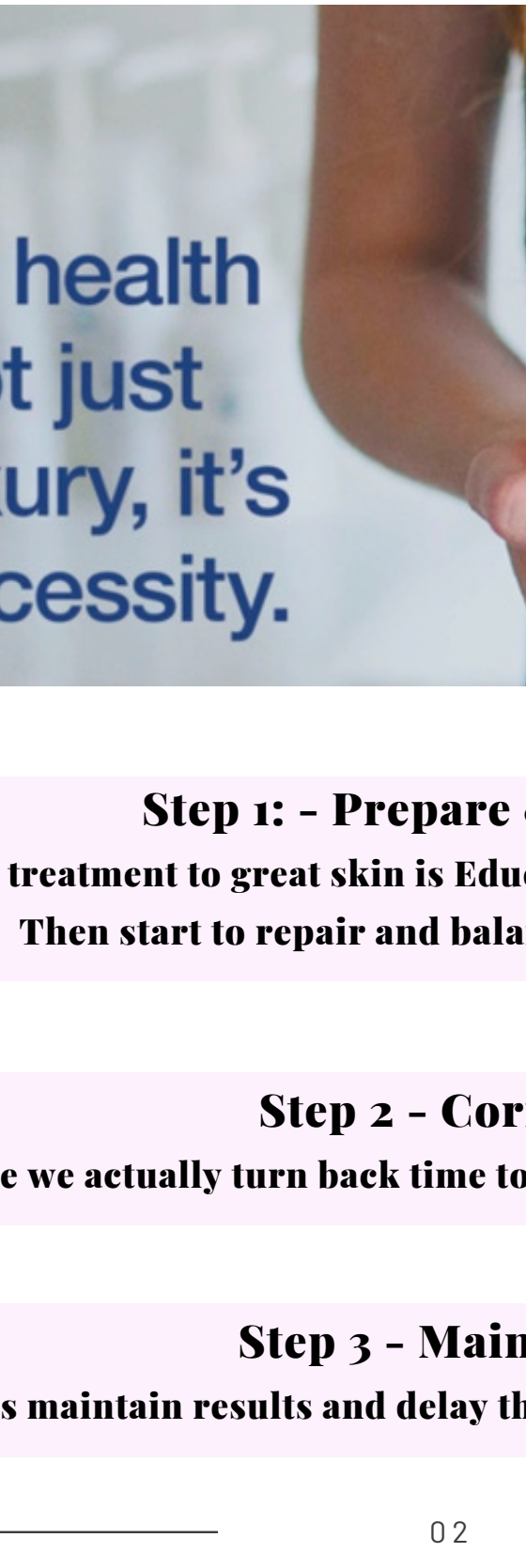
## **Vouchers & Clinic Contacts**

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*Gift vouchers - in-store or e-vouchers online  
Our contact details and social links*

# Skin Clinic

WE PROVIDE OUR CLIENTS WITH A HOLISTIC APPROACH IN MAINTAINING AND CORRECTING THE SKIN. WE USE THE MOST EFFECTIVE EQUIPMENT AND TREATMENT MODALITIES AND ONLY OFFER SKINCARE AND MAKEUP THAT ACTUALLY 'MAKE A DIFFERENCE'.



Skin health  
is not just  
a luxury, it's  
a necessity.

## **Step 1: - Prepare & Repair**

**The 1st treatment to great skin is Education and Skin Preparation  
Then start to repair and balance the skins barrier**

## **Step 2 - Correct**

**This is where we actually turn back time to before, aged or problematic skin**

## **Step 3 - Maintain**

**Lets maintain results and delay the visible signs of ageing**

# Skin Clinic

AT CLEANSKINS WE DON'T OFFER EVERY IMAGINABLE TREATMENT OR EVERY NEW FAD. WE SPECIALISE IN THE TREATMENTS THAT WE PROVIDE, ALL OF WHICH HAVE BEEN INTRODUCED AFTER MUCH DUE DILIGENCE AND RESEARCH. TO THAT END OUR PROMISE TO YOU IS:

***'WE WILL BE HONEST, ETHICAL AND INFORMATIVE. WE WILL NOT MAKE PROMISES THAT WE CAN IMPROVE YOUR SKIN UNLESS WE ACTUALLY CAN!'***

## Step 1 - Prepare & Repair

**the 1st treatment to great skin is Education and Skin Preparation**

<b>Skin Consultations</b>	<i>in-clinic</i> \$89	<b>allow 55 min</b>
	<i>100% online</i> \$50 (redeemable)	<b>allow 30 min</b>
	<b>Virtual Zoom</b> \$55	<b>allow 30 min</b>

Every skin and lifestyle are different and deserve a treatment plan tailored specifically to combat individual skin concerns. A CleanSkins skin therapist will conduct a comprehensive analysis utilising our knowledge and diagnostic equipment. We will not only assess your skin but also the causal factors of any skin concerns or conditions you may have. At the completion we will provide you with advice, and a comprehensive treatment plan which may include;

- an in clinic treatment plan
- an appropriate home-care program for you to follow
- if required, referrals to other medical professionals, skin specialists or treatment modalities.

**Skin Consultation + LED Treatment**      **\$114**      **allow 75 min**

Treatment on offer for 1st time Cleanskins skin and facial clients only. A CleanSkins skin therapist will conduct a comprehensive analysis utilising our knowledge and diagnostic equipment. We will not only assess your skin but also the causal factors of any skin concerns or conditions you may have. During your 50 min consultation you will receive an LED after which we will provide you with advice, and your comprehensive treatment plan.

**Skin Review**      *in-clinic or online*      **\$39 (redeemable)**      **allow 15 min**

Recommended initially every 3 months then each 6 to 12 monthly. The \$37 is redeemable on products purchased on the day.

**In preparation for a skin analysis consultation, please bring all of the skincare products you are currently using: including medications, herbal supplements and makeup.**

# Step 2 - Correct

**This is where we correct the cellular structure and turn back time to before, aged or problematic skin**

## Home Dermal Rolling

**0.2mm or 0.3mm \$149**

Want smoother, stronger and healthier skin? The MTS home roller strenghtens the skins barrier, improves cellular skin communication and is used for the treatment of various skin conditions such as wrinkles, scars, acne scars, hyperpigmentation, cellulite and stretch marks. As part of your home care routine use 2-3 times per week.



## LED Omnilux or Healite 2

Light Emitting Diodes (LED's) are a natural, non-invasive and relaxing treatment that is suitable for the treatment of a wide range of dermatological conditions including acne, photo-damage, skin rejuvenation, wound healing, as well as depression, migraines and lots more. Our LED's will help reduce the appearance of the visible signs of skin ageing - minimise fine lines and wrinkles, boost collagen production and visibly improve your skin's appearance.



### LED Lounge Treatments

Choose from our self serve LED Lounge or our Full Service LED treatment. With our self serve option you arrive skincare and makeup free and relax in our lounge whilst you enjoy your treatment. With our full service option just arrive and we will do the rest! Full Service includes cleansing, exfoliation, serums, moisturiser and SPF if needed post treatment. **PRICES on website**



## Medical Microneedling

Scientifically proven to create new collagen by stimulating the skins natural healing process. We use the Exceed Medical Microneedling pen to trigger targeted growth factors for building new collagen, resulting in healthy, glowing skin. The derma CIT pen effectively:

- Reduces pore size
- Reduces pigmentation
- Minimises fine lines & wrinkles
- Reduces the appearance of scars (including acne scars) & diminishes stretch marks
- Strengthens your skin barrier & improves cellular skin communication
- Improves skin texture & assists sluggish skin that is slow to heal
- Naturally increases your skin's collagen formation



face - \$299 | décolleté - \$199 | neck - \$199 | hands - \$199

**Face, neck & décolleté + a take home epi nouvelle mask only \$369**

# Skin Loyalty + Memberships

COMMITTED CLIENTS GET THE BEST LONGTERM RESULTS.

## Step 3 - Maintain

### Maintenance is essential for healthy glowing skin

#### 1 Client Skin Management

We proactively help our clients manage their skins needs. We encourage regular checkins to ensure their skins needs are not only being met but that depending on where they currently are in their skin journey, they are on track to repair, rejuvenate or maintain their skin.

#### 2 Skin Memberships

Just like a gym membership but for your skin! Everyones skin journey is different and thats why we introduced bespoke skin memberships that are 100% individualised for each clients skin. We individually create bespoke treatment memberships for clients or we have a selection of retail and treatment memberships. Our membership clients not only get great skin + discounts and freebies as a thank you for their commitment. Memberships can be over 6 or 12 months and are tailored to suit each individual skin and budget.

#### 3 At home facial kits

We individually design 'at home facials' for our skin client when they need an extra boost from their everyday at home skin routine.

#### 4 LED Lounge

Choose from our self serve LED Lounge or our Full Service LED treatment. With our self serve option you arrive skincare and makeup free and relax in our lounge whilst you enjoy your treatment. With our full service option just arrive and we will do the rest! Full Service includes cleansing, exfoliation, serums, moisturiser and SPF if needed post treatment.

#### 5 We offer payment plans

For your convenience we can organise weekly, fortnightly or monthly payment plan.



# Our Skin Solutions

**We have carefully selected our product ranges so that we only offer products that are ethical, clean and that will actually make a difference to your skin!**



## Dermaviduals

dermatological, corneotherapeutic skincare that can be custom blended to combat each clients individual needs. We can blend solutions for anti-aging, redness, acne, rocesea and many other facial skin concerns and conditions.



## Jane Iredale

Jane Iredale gives a flawless natural finish using the highest-quality minerals available and organic ingredients when possible. The entire range is cruelty-free and free of parabens, talc, phthalates, synthetic fragrance and GMO ingredients.



## Imbibe Injestible Beauty

Injestible beauty Bio-Active Products for Gut Health. Product range includes a Probiotic Concentrate called Beauty Renewal as well as Miracle Collagen – a bioactive formula with 18 amino acids is specifically designed to transform and stimulate collagen synthesis and skin elasticity from the inside out.



## Prin Flow Lymphatic Mask

An at-home lymphatic enzyme mask, which assists the circulatory system to function at its best, by providing lymphatic drainage and supporting the vascular network to clear toxins from the skin and nourish the cells and tissues via our the blood supply



## Nordic Naturals Omegas

Nordic Naturals shapes the industry standards with a new definition in omegas of purity, freshness, taste and dosage. Non GMO, sustainably sources and third party verified for purity.

# Laser Hair Removal

WE SPECIALISE IN LASER HAIR REMOVAL. WE PERFORM WELL OVER 1.2 MILLION LASER PULSES EACH YEAR AND THAT MAKES A DIFFERENCE TO OUR EXPERIENCE AND RESULTS WHICH ARE SECOND TO NONE IN THE GREAT SOUTH WEST! WE HAVE PROVEN TRUSTED RESULTS WITH OVER 75% OF OUR CLIENTS COMING TO US FROM SATISFIED CLIENT REFERRALS!

***IF COMPARING US WITH OTHERS, MAKE SURE YOU COMPARE RESULTS, EXPERIENCE AND LASERS!***

**We have performed over 18,000 laser treatments or over 13 million laser pulses in Warrnambool since 2010!**

## **FREE No Obligation Laser Hair Removal Consultation**

We conduct a consultation with each new laser hair removal client prior to treatment to:

- Diagnose your skin type
- Assess if CleanSkins laser is right for you
- Develop your individual treatment plan Advise of the overall time frame and cost
- Perform a patch test
- Fully explain the procedure including pre & post care information.



## **CleanSkins Laser Hair Removal Quick Facts:**

- Achieve 85% to 95% permanent hair reduction in just 4 to 6 treatments
- Treatments are every 8 to 10 weeks for body areas and ever 4 to 6 weeks for facial areas
- No incidental sun exposure, fake tans or solariums in the treatment area prior to treatment
- During our FREE consultation you will find out everything you need to know about the treatments and we will assess if laser hair removal is suitable for your hair composition and skin type
- Avoid waxing, plucking or pulling out hair 4 weeks prior to treatments





# Laser Hair Removal FAQ's

**Book your FREE laser hair removal consultation to find out everything you need to know about how you can be hair free!**

## ***Is it safe?***

Yes. Medical grade 4, FDA approved lasers are safe when used by properly qualified, accredited and trained laser therapists. Our laser emits a wavelength of 755nm which is 'non ionising' or 'non harmful radiation'. At CleanSkins Laser Clinic we specialise in laser hair removal and as a result our laser therapists are dedicated to hair removal treatments. Our staff are fully qualified, accredited, trained and experienced ensuring correct diagnosis and the safest treatments.

## ***Are all hair removal devices the same?***

No. The industry is flooded with inferior unapproved devices claiming to be lasers. These machines will not give you long term permanent hair removal / reduction and if incorrectly used you are at a high risk of serious side effects. Laser hair removal clinics can operate in Victoria with any device claiming hair removal and their staff don't have to be qualified or accredited to perform the procedures. CleanSkins Laser Clinic recommends you research and choose your hair removal clinic very carefully!

## ***Is CleanSkins laser hair removal permanent?***

Once a hair follicle has been successfully treated, it will not return, however there is no laser or IPL machine that can claim permanent hair removal. Our Laser will provide PERMANENT HAIR REDUCTION. Results are dependant on the individual and may vary due skin type, tanning, hair colour, medications or hormones, varying considerably between people and in each person between areas. Laser and IPL can only target active hair follicles creating heat within the hair follicle damaging the cells that enable hair growth. It cannot be legally claimed to provide PERMANENT HAIR REMOVAL due to unpigmented hair and the possibility that some dormant follicles may become active in a later stage of life.

## ***Can there be any side effects?***

The majority of people treated don't experience side effects and return to normal activity immediately without any adverse sign of treatment. Some experience mild redness or mild swelling that on average lasts from an hour to 48 hours. In rare instances redness can last longer and some people have experiences mild grazing which dissipates over time.

# Laser Hair Removal FAQ's cont'd

**Feedback from our laser hair removal clients shows 99.4% are happy with their results!**

## ***Will CleanSkins Laser successfully treat me?***

CleanSkins GentleMax Pro dual laser system gives optimum results on people of all skin types with dark hair. There are no hair removal devices on the market that will remove hair absent of melanin i.e. white or grey hair. Blonde and red hair can be treated only if there is enough brown pigment in the follicle, however not as successfully as black or brown hair. It is highly likely that treatments on blonde and red hair will only ever give temporary results.

## ***How long do the treatments take?***

Treatment time varies depending on the surface area treated. Usual treatment times range from 5 to 60 minutes (5 minutes for an upper lip to 60 minutes for full legs).

## ***How many treatments are required?***

On average 4 to 8 treatments are required. It is impossible to pre-determine the exact number of treatments as they vary from person to person. Generally speaking the thicker and darker the hair the better the results from the treatment. On average 3 to 5 treatments are required in order to see noticeable results, with at least 80% hair reduction. Some patients may require top-up treatments in years to come.

## ***How often are treatments required?***

- For facial treatment initially once every 4 to 6 weeks. On going maintenance treatments may be required due to the density of follicles on the face, cases of Poly Cystic Ovarian Syndrome, Insulin Resistance and other hormonal imbalances. It will usually take approximately six treatments to control the hair growth. Patients on a maintenance program usually only require approximately 4 treatments per year.
- Body treatments once every 8 to 10 weeks for 4 to 6 treatments.

*Lengthy periods between treatments will not achieve optimum results.*

## ***What areas can be treated?***

All areas of the body excluding close to the eyes and the inner ear can be safely treated. The most common areas treated are upper lip, chin, face, neck, bikini line, legs, chest, underarms, back and abdomen.

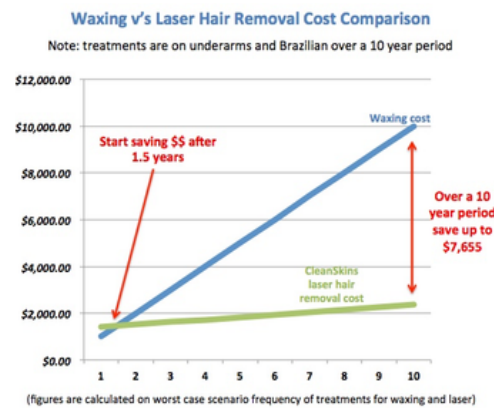
# Laser Hair Removal FAQ's cont'd

## ***Does it hurt?***

Some people have found the treatment uncomfortable. Most people find it more tolerable than waxing. It is likened to the flick of an elastic band on the skin which dissipates quickly. Beware of clinic's that advertise 'pain free' or 'virtually pain free' treatments. Laser and IPL technology both work by damaging the hair follicle. If the intensity is too low you will not get optimum results equalling more treatments (= more cost!).

## ***How much does laser cost?***

This is by far the most frequent question that we asked. The price depends on the time taken & surface areas that area treated. The more important question is what will results will you get? There are lots of clinics out there that are very cheap, but say that you will need 12 to 15 treatments. If laser hair removal is working you will only need 4 to 6 treatments to get 85% to 95% of your hair gone long term. During our FREE consultation we assess the treatment area, quote your price, explain the procedure fully so that you understand the difference between clinics, results and prices.



**See our before & after images, client testimonials & read more.....**



# Waxing & Tinting

**We only use the highest quality wax. Premium products and quality equipment combined with our experienced therapists, deliver a less painful, superior wax, leaving the skin soft, smooth and hair free.**

## Waxing

Lip	\$20
Sides or small neck	\$22
Lip & eyebrows	\$43
Lip, Chin & Eyebrow	\$52
Full face	\$65
Underarms	\$30
Arms 1/2   Arms full	\$39   \$52
Stomach (small)   Stomach (large)	\$25   \$35
Bikini   Bikini extended   Bikini g-string	\$35   \$47   \$55
Brazilian XXX maintenance (less than 5 weeks)	\$61
Brazilian XXX (1st time or more than 5 weeks)	\$69
Legs 1/2 lower	\$49
Legs 1/2 upper	\$55
Legs 3/4   Legs full	\$67   \$75
1/2 legs, underarms & bikini	\$84
Brazilian, eyebrows & underarms	\$109
Full legs, underarms & bikini	\$122
1/2 legs (lower), under arms & brazilian	\$109
1/2 legs (lower), underarms & extended bikini	\$102
Full legs, underarms & brazilian	\$139

Ears	\$29
Monobrow	\$19
Neck	\$33
Nostrils	\$25
Eyebrow, nose & ear tidy	\$39
Chest	\$38
Shoulders	\$32
Chest & stomach	\$48
back (includes top of shoulders)	\$59
Back, shoulders, upper arms	\$75
Back, shoulders, upper arms & chest	\$115
Arms	\$59
Full legs	\$79

## Sugaring

Underarms	\$30
Stomach (small)   Stomach (large)	\$25   \$35
Bikini   Bikini extended   Bikini g-string	\$35   \$47   \$55
Brazilian XXX maintenance (less than 5 weeks)	\$61
Brazilian XXX (1st time or more than 5 weeks)	\$69

# Eyes, Lashes & Brows

**Perfect brows & eyelashes frame your eyes. At CleanSkins we listen to you when consulting to perfect the arch, colour and consistency of your brows. We offer waxing, sugaring and plucking where needed to shape brows to fit your face and your style. We offer brow and eyelash tinting or the longer lasting Henna Brows to get the perfect colour.**

## Waxing or Sugar

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Eyelash tint	\$36
Eyebrow tint	\$29
Eyebrow & eyelash tint	\$41
Eyelash tint & eyebrow shape	\$49
Eyelash & Eyebrow tint & eyebrow shape	\$55
Eyebrow shape	\$29

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## Lash Lifts

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Eyelash lift	\$86
Eyelash lift + tint	\$91
Eyelash lift + tint + eyebrow tint	\$99
Eyelash lift + tint + eyebrow wax + eyebrow tint	\$119
Eyelash lift + tint + eyebrow wax + eyebrow henna	\$129

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## Henna

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Henna Brow (colour only)	\$55
Henna Brow (henna + Style + Shape)	\$59
Henna Brow (henna + Style + Shape) + eyelash tint	\$68
Henna Brow (henna + Style + Shape) + eyelash tint + lip wax/sugar	\$85
Henna Brow (henna + Style + Shape) + full face wax/sugar	\$85

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## Retail Eye enhancements:

We can teach you to have the perfect eyebrows every day without risking the permanence of microblading or tattooing! You just need the right tools and technique.....

*Jane Iredale - Great Shape Eyebrow Kit*  
*Jane Iredale - Pure Brow Gel*  
*Jane Iredale - Purelash Extender / Conditioner*  
*dermaviduals - eye gel plus*  
*dermaviduals - eye cream*  
*dermaviduals -EPI Nouvelle under eye mask*



# Good to know

## Payment options

*We offer prepayment plans.  
We accept MasterCard, Visa, American Express and EFTPOS.*

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## Opening hours

<i>Tuesday</i>	<i>9am to 6pm</i>
<i>Wednesday</i>	<i>9am to 6pm</i>
<i>Thursday</i>	<i>9am to 6pm</i>
<i>Friday</i>	<i>9am to 6pm</i>
<i>Saturday</i>	<i>9am to 2pm</i>

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## Client etiquette

- Appointment arrival** *Please arrive at least 5 minutes prior to your appointment start time*
- What if I am late?** *If you arrive late for your appointment your time will be reduced accordingly so that you don't inconvenience others.*
- Booking Policy** *A \$50 booking deposit is required to secure all appointments under 30 minutes. A \$80 booking deposit is required to secure all appointment over 30minutes*
- Cancellation policy** *No-shows and late cancellations enormously disadvantage our business. They also mean that other clients cannot book those time slots. We understand that sometimes you may need to change your booking. Please give us as much notice as possible if you need to change your scheduled appointment. If you don't provide us with at least 1 'business' day's notice, your booking deposit will be forfeited.*
- Mobile phones** *Please ensure your mobile devices are on silent throughout your visit to ensure that other client serenity is not disturbed.*
- Children** *For their safety children under 10 years are not permitted in the laser room at any time, nor can they attend with you for LED, CIT treatments or skin assessments. Children under 10 cannot be left in reception at any time. As many of our clients visit us to relax, please be mindful that if you bring young children they do not disturb others enjoying their treatments.*

# Contacts



*Purchase instantly printable gift cards online or call and we can post you a beautifully wrapped gift card. All our \$ gift cards have a 3 year expiry.*

 **03 55628109**

 **admin@cleanskinslaserclinic.com.au**

 **www.cleanskinslaserclinic.com.au**

 **cleanskinslaserclinic**

 **CleanSkinsWarrnambool**